



A Rover's Rest Bed and Breakfast

2660 Balmoral Road, Blind Bay, BC, Canada V0E 1H1
Phone (250) 675-4405 Fax (250) 675-3070
Toll Free 1-TOO-ROVER-BB or 1-866-768-3722
Website: www.roversrest.com
Email: info@roversrest.com



Things To Do

There are many activities close by. Enjoy winter's beauty and take a local sleigh ride at Walter's Sleigh Rides. Prices are only \$10 for Adult and \$8 for Children. Your sleigh ride will include a horse drawn sleigh ride, complimentary hot chocolate and homemade cinnamon buns to be enjoyed at the homestead cabin upon your return. For a romantic getaway call and book ahead for a private sleigh ride for you and your special someone.



A Rover's Rest Bed and Breakfast is happy to announce the New Shuswap Nordic Ski Package. Enjoy cross-country skiing from two close by locations; Larch Hills Ski Area and Skmana Cross Country Ski Area. Larch Hills Ski Area is only 20 km from Salmon Arm and Skmana Cross Country Ski Area is just 14 km from Chase. A Rover's Rest Bed & Breakfast is situated in a central location, just a short drive from either area, making it a great setting for your Shuswap Nordic Ski Getaway. See full details on the website.

Shuswap Lake Estates Golf and Country Club is only minutes away. You have access to an 18-hole championship golf course with driving range, tennis courts, restaurant, community center and pub. A green fee discount card is available if you stay at our bed and breakfast and Golf Getaway packages are also available.



Just a short distance away are many more activities: beaches with every kind of water sports including water skiing and wakeboarding; fishing; boating tours; snorkeling; hiking (Margaret Falls, Copper Island); trail rides; Adams River rafting, Adams River Salmon Run; wineries and breweries; marinas; snowmobiling and skiing in the winter. There are ancient pictographs on the canyon walls of Shuswap Lake. They are truly inspiring.

The Shuswap is home to many artists. Potters, painters, quilters, spinners, weavers, carvers, and a host of others find the Shuswap a mecca for artistic endeavours. Be sure to visit some of the outstanding artisans of the area. Take part in an art exhibition, a pottery show, or see carvings of birds so realistic you won't believe their feathers are wood. Visit our local porcelain factory and watch an artist-in-residence hand paint exquisitely fragile-looking creations.



The Shuswap is proud to have a large selection of places to see and activities for all ages and activities levels.

Join us for some local conversation or relax on our quiet grounds. We offer warm and comfortable rooms, delicious breakfasts and great scenery.

We would love to have you stay in our 4,350 sq. ft. romantic log home bed and breakfast situated on two acres of secluded alpine paradise. Our handcrafted, romantic log home bed and breakfast has many features: our museum of antiques; 2 guest fireplaces; a jetted, heart-shaped tub; wrought-iron beds in all guest rooms; snack and beverage centre which includes a wide selection of Stash Tea; quiet areas; an ever-expanding book and video library; a large deck with a gorgeous view; and outdoor benches and tables. The eight person hot tub spa is located at the back of our home in a quiet area with a great view of the lake.

A Rover's Rest Bed & Breakfast David and Kimberly May
2660 Balmoral Road, Blind Bay, BC, Canada V0E 1H1
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Places To Visit

Historical Buildings	Carlin Hall, Notch Hill Hall, Eagle Bay Hall, Blind Bay Hall and Sorrento Center	All Close By
Tennis Courts	Shuswap Lake Estates Golf Course, Sorrento Blind Bay Park, Sorrento Memorial Hall and Cedar Center	All Close By
Putts Miniature Golf and Ice Cream Parlour	Downtown Sorrento	5 min drive
Shuswap Antique Market	Variety of Dealers ~ over 2000 sqft. 675-3712	5 min drive
Walters Sleigh Rides	Your sleigh ride will include a horse drawn sleigh ride, complimentary hot chocolate and homemade cinnamon buns to be enjoyed at the homestead cabin upon your return. For a romantic getaway call and book ahead for a private sleigh ride for you and your special someone. Prices are only \$10 for Adult and \$8 for Children. Contact 835-4439	5-10 min Drive
Crannog Ales Brewery	The only wholly-organic brewery in Canada. Take a tour of the brewery.	10 min drive
Antique Car Museum	White Post Auto Museum. Fascinating Car Collection 835-2224	10 min drive
Jim's Ford Corral Museum	A special collection of gas-station memorabilia, farm equipment and scale-model toys. Gathered locally and through Canada you can come and take a step back in time and view the horse drawn farm equipment and a colourful collection of memorabilia.	10 min drive
Carlin Hill Lavender	Gardens and Tea House. Open 11 - 4 in June - Friday, Saturday and Sunday July and August - Daily September - Friday, Saturday and Sunday	10 min drive
Backcountry Horsemen of BC	Non-profit society of dedicated non-competitive equine enthusiasts. From Spring through Fall, clinics are offered on various topics and rides are scheduled.	10-15 min drive
Recline Ridge Winery	Take a tour of the winery. See website for full details.	15 min drive
Granite Creek Winery	A family owned vineyard and winery located in Tappen. See website for full details.	15 min drive
Canadian Adventure Company	Llama hiking trails for all ages and abilities. Also off seasonal activities such as kayaking, hiking, mountain biking, powder skiing and snowboarding with snow-cats and helicopter access, cross country skiing, ski touring and snow shoeing. 835-4516	15 min drive
Adams River Rafting	Water rafting on Adams River View Our Activities Photo Gallery	30 min drive
Royal Interior Tours	Your Guide To Discovering The Shuswap We provide guided bus tours and shuttle services while offering an extensive look at the Shuswap and all that it has to offer. Savour the Shuswap's finest wines and cheeses, learn how to build a teepee, play a round of golf at one of the local championship courses, take in a live theatre production, enjoy the sheer relaxation of cruising on Shuswap Lake, or explore the beauty of the region.	30 min drive

<p>R.J. Haney Heritage Park & Musuem</p>	<p>Museum and Archive Winter Hours (January to May - Tuesday to Friday 11:00 am to 4:00 pm). Ernie Doe Archive (Year Round 10:00 am to 2:00 pm or by appointment). Park Opens Full Time May 18 (Wednesday to Sunday 10:00 am to 4:00 pm). Tea Room Opens June 15 (Wednesday to Sunday 10:00 am to 4:00 pm). Dinner Theatre (July 3rd to September 2 Sunday Wednesday and Friday). Museum and Archive Winter Hours (September 25 - Tuesday to Friday 11:00 am to 4:00 pm).</p>	<p>30 min drive</p>
<p>Scotch Creek Family Fun Center</p>	<p>Mini Golf, Blaster Boats, Bowling and Family Fun Activities. Good Times For Everyone! Open May to September in Scotch Creek 955-6100</p>	<p>45 min drive</p>
<p>Phoebe Ann Shuswap Lake Tours and Rentals & Narrows Village</p>	<p>Located directly East of Cinnemousun Narrows on the shore of the World Class Shuswap Lake, Narrows Village offers visitors a unique wilderness experience. Narrows Village can only be reached by water, which makes it a very private getaway.</p>	<p>Boat Access Only</p>

Restaurants

Log & Hearth Restaurant - Shuswap Lake Estates	675-4433	Blind Bay
Duffers Den Lounge - Shuswap Lake Estates	675-2510	Blind Bay
H & V German Deli - Shuswap Lake Estates	675-2560	Blind Bay
Blind Bay Country Market - Shuswap Lake Estates	675-3464	Blind Bay
SB Steamer's Coffee Co. - Shuswap Lake Estates	675-4165	Blind Bay
Sportsman's Grocery & Liquor Store	675-2046	Blind Bay
Billabong Pub	675-2781	Sorrento
Home Restaurant	675-3552	Sorrento
Toby's Restaurant	675-4464	Sorrento
Frankie's Pizza	675-3100	Sorrento
Sorrento Center	675-2421	Sorrento
Stratis Mediterranean Grill	675-6377	Sorrento
Natures Bounty - Organic Grocery	675-4323	Sorrento
Goldpanner Restaurant	835-8822	Tappen
Carlin Hill Lavender Tea Garden	835-8801	Tappen
Table 24 Restaurant	832-2410	Salmon Arm
Barley Station Brew Pub	832-0999	Salmon Arm
Carri's Restaurant	832-5560	Salmon Arm
Yans Restaurant	832-3007	Salmon Arm
Primavera Ristorante Italiano	833-0065	Salmon Arm
Setters Pub	832-0266	Salmon Arm
Ming's Garden	832-1038	Salmon Arm
Joey's Only	833-1188	Salmon Arm
PJ's Family Restaurant	832-1566	Salmon Arm
Boston Pizza	833-1151	Salmon Arm
Quaaout Lodge- First Nations Cuisine	679-3090	Scotch Creek
The Creekside Restaurant	955-6100	Scotch Creek
Seymour Arm Hotel & Pub		Seymour Arm
The North Shore Inn and Pub at St. Ives	955-6210	St. Ives
Lulu's Bar and Grill	835-5995	Enderby

Nature Trails

The Shuswap Hut and Trail Alliance		
Sorrento Blind Bay Park	15 minute stroll around the park. Just off Notch Hill Road	Sorrento
Pement Lakes	19 km of Skimiken Road. Two hikes 1.5 km Bryden and 2 km to Pement	Sorrento
Historic Flume Trail	Off Holdings Road. Moderate climb beside creek.	Sorrento
Sunnybrea Bluffs	Moderate hike with good views of Salmon Arm and Shuswap Lake.	Sunnybrea
Bastion Mountain	Hike with views of lake and surrounding valleys.	Sunnybrea
Margaret Falls	10 min hike to falls, cool forest setting. Very Nice!	Sunnybrea
Upper Canyon Trail	Moderate hike looping above Margaret Falls and winds back to the road.	Sunnybrea
White Lake Look Out	Off Parri Road, moderate hike of 30 min, nice view of the lake and valley.	White Lake
White Lake South Shore	Off Hautala Road, moderate 8 km hike or bike through the forest exiting onto Blind Bay Road.	White Lake
Reinnecker Creek	At the end of Settle Road, moderate to hard hike of 4 to 5 hours, horseback is preferred.	White Lake
Fly Hills Trails	Hiking and Horse Back Riding	Silver Creek
Silver Creek Trails	Hiking and Horse Back Riding	Silver Creek
Salmon Arm Nature Trail	3/4 Hour to 1 Hour In Length	Salmon Arm
McGuire Lake	20 min Walk	Salmon Arm
Salmon Arm Nature Bay	Walkways with picnic tables, canoe routes, cycling paths and observations points. Over 150 species of birds including Grebe nesting areas.	Salmon Arm
Raven Trail	Salmon Arm Bay	Salmon Arm
RJ Haney Park	Salmon Arm ~ Easy Nature Trail	Salmon Arm
Turner Creek Trails	Upper End Of Okanagan Ave ~ Hiking and Cycling	Salmon Arm
Little Mountain Lake Trails	Upper End Of Okanagan Ave ~ Hiking and Cycling	Salmon Arm
Canoe Beach Trail	Canoe ~ Hiking and Horse Back Riding	Canoe
South Canoe Trail System	Canoe ~ Hiking and Horse Back Riding	Canoe
Copper Island	Boat Access - 2.8 km hike around the island.	Boat Access
Roderick Haig-Brown Park	North Shuswap. Easy trails to hike or bike along Adams river to the lake. Upper trail is fairly moderate hiking or biking along the river and through the forest.	North Shuswap
Skimiken Lakes	South from Squilax bridge to Skimiken Road for 15 km. Easy trails for hiking or biking around the lakes and through the forest.	North Shuswap
Albas Provincial Park	Hike to Albas Falls By Boat or 41 km Drive	Seymour Arm
Skmana Lakes	Near Flume Trail, on Loakin-Bear Creek Road. Easy Walking or biking around the lakes and through the forest.	Chase

Parks

Copper Island	Boat Access - 2.8 km hike around the island.	10 min by boat
Sunnybrea Provincial Park	Sunnybrea - 6 km Tappen Road	8 min drive
Herald Provincial Park	Sunnybrea - 13 km up Tappen Road Margaret Falls	10 min drive
Shuswap Lake Provincial Park	Scotch Creek - Squilax Anglemont Highway	40 min drive
Albas Provincial Park	Boat Access or 41 km Drive	1 1/2 hour drive

Rentals

Glenn's Place	Mountain Bike Rentals 675-4500	5 min drive
Sea Dog Marina	Boat and Sea-Doo Rentals	30 min drive
Fish N' Fins	Houseboat Rental 955-2815 Boat Tours, Fishing, Diving, Snorkelling and Swimming Tours.	45 min drive
Shuswap Marina	Sorrento (250) 675-2250 Summer moorage, winter storage, used and consignment boat sales, boat and toy rentals, full service and parts department, fuel sales, marine hardware and accessories, wakeboards and water toys, Walker Bay Dinghy's, boat detailing, arts and crafts store with gourmet coffee to go, propane sales and home to SUM-R-FUN Houseboat Vacations.	10 min drive
Phoebe Ann Shuswap Lake Tours and Rentals.	Our guided boat tours, ATV tours, Kayak and Canoe rentals and water accessible camping packages on Shuswap Lake, are all a fantastic way to see our world from the water! Operating out of Sicamous on the Trans Canada Highway	1 hour drive
Glenn's Place	Mountain Bike Rentals 675-4500	5 min drive